

GRACES FOR MEALS

MORNING GRACES

1. Gracious Giver of all good, we thank you for rest and food. Grant that all we do or say this day be for Your service. Amen.
2. Our Father, we thank Thee for this new day and for Thy loving care. You have seen us safely through the night and as we prepare for new adventures in Thy created world, help us to be mindful of Thy presence in these happy, sunlit hours.
3. Bless us, Lord, and these Thy gifts which we are about to receive from Thy goodness everlasting, thru Christ, our Lord.

NOON GRACES

1. Heavenly Father, help us to see the beautiful things in earth and sky--examples of your love. Walk with us in the hours we spend together here. May the food we eat and all Thy Bountiful blessings you heap upon us, help us to serve you.
2. Our Father in Heaven, as this day leads on, let us not forget to honor and serve you as Christ has served us. We thank you for these gifts of your bounty. Bless them to our use and our lives to your service.

EVENING GRACES

1. We thank Thee for this day and for Thy presence with us. We have discovered so many wonderful new things today to make our lives more useful to Thee. Forgive us if we have not made it a better day and help us to be tomorrow what we failed to be today, images of Thee, loving caring, sharing.
2. Our Father in Heaven, Thou hast given us all things richly to enjoy. We bring our thanks to Thee at this evening meal. Bless us as we partake of this food. Keep us mindful of the needs of others, far less fortunate than we are.

SHORT GRACES SUITABLE FOR ANY MEAL.

1. For health, strength and daily food, we give Thee thanks.
2. For this and all thy mercies, Lord, make us truly grateful.
3. Come, Lord, be our guest and let this food to us be blest.
4. Bless us O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ our Lord.
5. Grant, O God, that this food keep us physically strong. May the inspiration of our friends keep us mentally awake, and may the desire to do Thy will keep us morally straight.
6. Thank you God for allowing us to share these good times with good friends. Let us break bread together in Thy name.